

DETERMINATION

HOPE



GROWTH



HAPPINESS



LEARNING



SPECIAL





Umang

Umang is an initiative that strives for an inclusive society that provides equal opportunity for all, by enhancing the quality of life of individuals with various disabilities. It reaches out to persons with

- Cerebral Palsy
- Mental Challenges
- Autism
- Multiple Disabilities

The organisation works towards making a positive change in the lives of people with disability by enabling them to achieve their potential and mainstreaming them to become self-reliant and participate in the society. Umang is supported by one of the most qualified and highly experienced team of experts in Rajasthan. The specialised team consists of special educators, qualified academic teachers, physiotherapists, speech and language experts, occupational therapists, psychologists, artists and theatre experts and qualified vocational trainers. Other experts include counsellors, neurologists, orthopedic surgeons, paediatricians, etc.

Umang is a recognised, registered, secular and a non-profit/non-government organisation. Umang is

- registered and recognised by Ministry of Social Justice and Empowerment, Government of India and Government of Rajasthan.
- registered with National Trust, Government of India.
- accredited by National Institute of Open Schooling

All contributions and donations directed at Umang are exempt from tax under 80G of the Income Tax Act and it is permissible for the organisation by FCRA to receive foreign donations.

Umang strives to

- **Develop** skills for employment in persons with disabilities
- **Empower** individuals and their families to bring about positive change
- **Advocate** the need for realisation of the rights of persons with disabilities
- **Contribute** to the knowledge base through continuous community intervention, research and documentation
- **Reach out** to persons with disabilities in rural and tribal areas and promote their community participation



Umang Services

- **Education:** Through Individual Education Plan (IEP), over 200 students are provided academic education, functional education and special education. Academic groups follow the curriculum of National Institute of Open Schooling (NIOS) while functional and special groups follow specially designed curriculum as per ability and long term goals.
- **Physiotherapy:** Physiotherapy is the backbone of rehabilitation. A team of expert physiotherapist assess and plan therapeutic intervention, design special furniture, mobility aids, gait training, posture management and refer for surgery and orthosis.
- **A.D.L Training:** All students receive regular training to be independent in Activities of Daily Living (ADL) like brushing, bathing, toileting, dressing, feeding, etc.

- **Speech and Language:** Trained speech and language trainers assess and facilitate communication. They help and train for - correct feeding patterns, pre-speech activities and language training - apart from providing alternate and augmentative communication.
- **Vocational Training and Sheltered Workshop:** Young adults (above the age of 18 years) with disability are trained in 5 areas to develop appropriate behaviours and skills, for employment through following units:
 - Handmade paper products
 - Catering and food preservation
 - Jewellery with semi precious stones
 - Tailoring
 - Bead workThis training leads to employment in open market, sheltered workshop and cooperatives as well as self employment.
- **Parent Training and Staff Training:** Regular training is given to parents, caregivers and staff through training programmes, seminars, conferences and in house training.
- **Advocacy and Awareness:** Several issue of concern are short listed each year and regular activities are planned to reach out to different target groups.

Become a Volunteer

Share your ideas, skills and time with us at Umang. You don't need to have any special qualification or experience to volunteer. Instead, we provide a short orientation course on disability. Till date, Umang has received students, home makers, retired officers, teachers, corporate employees, tourists, siblings, parents and professionals as volunteers.



Help in Your Own Way



You could support Umang in your own little way.

Donate in Kind: If you have any books, games or other goods which could be useful in a school, and you do not need them anymore, you could donate them to Umang.

Sponsor a Child's Education*: You can choose to sponsor one child's education at Umang for one year, or also make a general donation to the institute.

Make their Day: You could make the day of our students by organising an educational tour or visit, film screening or special parties.

Promote our Goods: Our students make a lot of things, including paintings and carry bags. You could encourage and promote their skills by exhibiting their products in an exhibition/sale in your neighbourhood, office, club or shop.

Make them Employable: You could outsource some job work to our work training unit, so that our students are employed. You could also employ a person with disability in your organisation. We would be glad to provide guidance if you are interested.

Be a Friend: If you know any person with disability in your neighbourhood, or amongst your friends or family, extend your hand for friendship. Your visit or one phone call will make them feel happy and accepted.



Our Pillars

Patron

Admiral Madhavendra Singh
PVSM, AVSM (Former Naval Chief)

Chairperson

Bina Kak
Minister of Tourism, Women & Child, Government of Rajasthan

Director

Deepak Kalra
Parent & Trained Professional

*All donations to Umang are exempt from income tax under 80 G of the Income Tax Act.

*F.C.R.A. permission to receive donation in foreign currency.

*All cheques and drafts in Indian Rupees should be drawn in the favour of 'Umang'. If donation is in foreign currency, it should be drawn in favour of 'Umang Jaipur'.



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An initiative towards rehabilitation of persons with disability